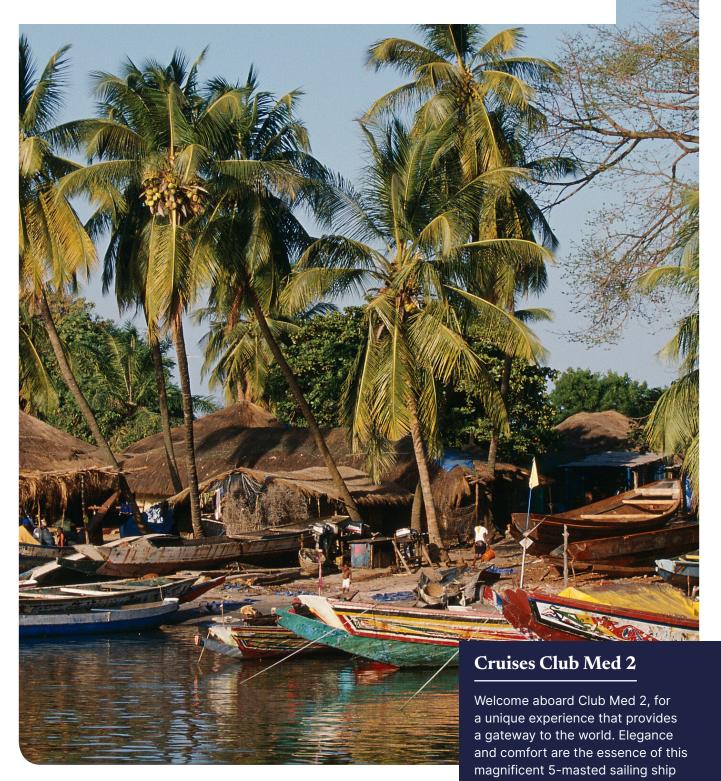


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Senegalese expedition

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Africa & Middle East / Lisbonne to Dakar From 11/07/2024 to 11/19/2024 - 13 days / 12 nights







• From 11/07/2024 to 11/19/2024 - 13 days / 12 nights



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Your cruise

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Days	Stages	Arrival	Departure	Nautical Hall
1 - Thursday	Lisbon		18:00	Closed
2 - Friday	Sailing on the open sea			Closed
3 - Saturday	Ceuta	07:00	14:00	Closed
4 - Sunday	Casablanca	08:00	18:00	Closed
5 - Monday	Safi	08:00	18:00	Closed
6 - Tuesday	Agadir	07:00	13:00	Closed
7 - Wednesday	Arrecife	08:00	18:00	Closed
8 - Thursday	Las Palmas	07:00	13:00	Closed
9 - Friday	Sailing on the open sea			Closed
10 - Saturday	Sailing on the open sea			Closed
11 - Sunday	Dakar	13:00		Closed
12 - Monday	Dakar			Closed
13 - Tuesday	Dakar			Closed

Day 1: Boarding from to Day 13: Landing from to







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Itinerary of your cruise

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Day 1 - Thursday LISBON	Legend has it that Lisbon was built on seven hills, and that means no lack of points of view from which to admire the beauty of the city, with its azuleros and calçados that give the streets the colourful charm of an open-air museum. Ship docked in port. Stopover for boarding and disembarking.		
Day 2 - Friday SAILING ON THE OPEN SEA	A restorative day at sea. Choose from the range of inviting possibilities on our remarkable sailing ship. Lounge on chaise longues, cool off in one of ou two swimming pools, work out with a sea view in our Espace Fitness, find instant calm at the spa and enjoy the attentive company of our G.O® team and crew members.		
Day 3 - Saturday CEUTA	An open city linking two continents, this Spanish enclave on the north coast of Africa is unique in that it brings together four cultures, in a harmonious combination of Christian, Muslim, Hebrew and Hindu traditions. Boat docked, nautical hall closed, no direct access to the beach.		
Day 4 - Sunday CASABLANCA	A city of a thousand sights, Casablanca offers Moorish architecture and Art Deco style, Mediterranean sun and Atlantic beaches. Come and see its cupolas, belvederes and mosques. Ship docked, no water sports.		
Day 5 - Monday SAFI	Safi is situated on Morocco's Atlantic coast and boasts a rich architectural heritage. Minarets, bell towers and synagogues stand side by side with 16th-century Portuguese palaces and forts around a bustling medina. Stroll through the narrow streets of Morocco's capital of ceramics, leading to t potters' hill. Boat docked, nautical hall closed, no direct access to the beach.		
Day 6 - Tuesday AGADIR	Destroyed by an earthquake in 1960, the city has been reborn as the biggest seaside resort in Morocco. From the ancient casbah that overlooks the port, the big souk reveals the riches of this agricultural region and the diversity of its craftsmanship. Ship docked, no water sports, beach.		
Day 7 - Wednesday ARRECIFE	Lanzarote's capital takes its name from the word for reef. The volcanic island is full of surprises, with green crops springing up from the black, cindery ground. Ship docked, no water sports.		
Day 8 - Thursday LAS PALMAS	Influenced by African, European and American culture, the capital of Gran Canaria, founded in 1478, is home to two architectural masterpieces, the Santa Ana cathedral and the Casa de Colon, the former residence of the island's first governors. Ship docked, no water sports.		
Day 9 - Friday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 10 - Saturday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 11 - Sunday DAKAR	Capital of Senegal and cultural and artistic centre of the country, this former colonial trading post offers the unique experience of a bewitching city where you should take a stroll through its traditional district, its sandy alleys teeming with people and its colourful markets. Boat docked, no water sports.		
Day 12 - Monday DAKAR	Capital of Senegal and cultural and artistic centre of the country, this former colonial trading post offers the unique experience of a bewitching city where you should take a stroll through its traditional district, its sandy alleys teeming with people and its colourful markets. Boat docked, dive lock closed, no direct access to the beach.		
Day 13 - Tuesday DAKAR	The most westerly point on the African continent, Dakar is now a dynamic city with a variety of distinct neighbourhoods, modern architecture, authent open-air markets and a rich natural environment. Ship docked, no water sports. Boarding and disembarkation port of call.		



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Excursions of your cruise

Day 3 - Saturday CEUTA / BEST OF CEUTA*	Discover the main sights of Ceuta, this autonomous city of Spain located on the African coast. Take the scenic route into the hills to Monte Hacho. Visit the Mediterranean Marine Park, this splendid leisure park made up of salt water swimming pools, palm trees and various restaurants. Admire the different views of Ceuta and the "strait". And finish with the discovery of the old town of Ceuta. The nerve center of this multicultural city is the majestic Plaza de Nuestra Señora de África.		
Day 3 - Saturday CEUTA / PANORAMIC TOUR OF CEUTA*	Discover the main sights of Ceuta, this autonomous city of Spain located on the African coast. Take the scenic route into the hills to Monte Hacho. And finish with the discovery of the old town of Ceuta. The nerve center of this multicultural city is the majestic Plaza de Nuestra Señora de África.		
Day 4 - Sunday CASABLANCA (1/2 day, morning)*	The biggest city in North Africa is famous for its stunning architectural beauty. Spacious avenues edged with elegant buildings, joyfully combining art deco and Moorish architecture, spread out from the centre, jostling with cupolas, lookout towers, colonnades, cedarwood balconies Not far from th port, the Hassan II Mosque and its dizzying 200-metre high minaret dominates the city. Plasterers, wood-carvers, Zellige tile artisans, metal-workers and craftsmen of every sort have made this building a monument for all eternity. You will enjoy a sight-seeing tour of the city, stopping off to visit Notre Dame de Casablanca cathedral, the Royal Palace area and the Central Market.		
Day 5 - Monday SAFI / DÉCOUVERTE DE SAFI*	Discover Safi, one of the ancient cities of Morocco. Little is known about its foundation, but the city was inhabited by the Carthaginians who named Asfi, then by the Romans, the Goths and finally by the Muslims. Start your visit with a walk in Sidi Bouzid and enjoy a magnificent view of the Atlant Ocean, the port and part of the city. Walk the main avenues and head to Dar Sultan, a citadel dating from the 15th century, then explore the heart of the medina and the National Ceramics Museum. Before enjoying a refreshing mint tea, discover the pride of the city: Potter's Hill and the variety of ceramic crafts on display.		
Day 5 - Monday SAFI / ESSAOUIRA*	Explore the rich history of the captivating city of Essaouira, once called Mogador during the Portuguese era. This ancient port of Phoenician origin transports you to a distant past. Your tour of Essaouira will begin from the traditional fishing port, bustling with activity, offering picturesque views of Mogador Island and the maritim fortifications. Next, explore the Medina, listed as a UNESCO World Heritage Site in 2001, an exceptional and well-preserved example of European military architecture in North Africa. Enter the medina and immerse yourself in the heart of a lively life; stroll in the shade of its ramparts and explore the city's main market, where merchants display their wares under charming arcades.		
Day 6 - Tuesday AGADIR / MASSA EN 4X4*	Massa, located south of Agadir, opens onto an endless beach, like a desert bordering the ocean. Your 4×4 vehicle will take you through Berber villages and oases before reaching Tifnit beach. Continue following the sandy Atlantic coast and the dunes of Sidi Rbat to the Massa lagoon. A huge magical lagoon which has created an ideal habitat for birds. Discover the richness of the Massa reserve located near Agadir. In this Atlantic coastal region, there are a multitude of different habitats, ranging fro argan trees to cultivated lands, from dry steppes to small traditional fishing villages, including dunes, cliffs and sandy beaches.		
Day 7 - Wednesday ARRECIFE /CESAR MANRIQUE : HÉRITAGE ARCHITECTURAL DE LANZAROTE (1/2 journée - matin)*	Come and discover the architectural heritage of César Manrique, the brilliant architect who decided to turn his native island into one of the most beautiful places in the world. His different architectural projects all have the main characteristic of the inclusion of rocks, stones and lava flows, resulting in living spaces in harmony with the island's mineral environment. You will also be able to explore the amazing "jameos del Aqua" with its tunnels and panoramic terraces, as well as his foundation constructed on a lava flow where the architect's house was built.		
Day 7 - Wednesday ARRECIFE / THE FIRE MOUNTAIN (1/2 day - morning)*	The aptly named Fire Mountains still smoulder, sometimes at the surface. The volcanic formations have created incredible lunar landscapes, such as the Lagon at El Golfo. After crossing the Timanfaya National Park, you will see breathtakingly perfect lines of vines and fig trees.		
Day 8 - Thursday LAS PALMAS : GRAN CANARIES LANDSCAPES (1/2 day)*	Your tour to the interior of Gran Canaria will take you first to visit the village of Agüimes; an old domain with pastel colours and pedestrian streets dotted with sculptures. You will then go to the natural park of Guayadeque. This 15-km stretch of winding ravine is fascinating with its wild landscape and verdant slopes covered with native vegetation. You will encounter the many natural caves, formerly used by the islanders as dwelling or burial places. This tour will end with an opportunity to taste the local cheese and wine.		
Day 11 - Sunday DAKAR / ESCAPADE À SAINT LOUIS*	From the first step on the Faidherbe bridge, we are struck by the incredible charm of Saint Louis, "Venice of the Sahel" magnificently planted on the waters of Senegal. Built on an enchanting site, the old town has preserved an extraordinary architectural heritage, classified as a world heritage site since 2000. The former capital of the AOF is an old lady: 350 years old, administrative and military buildings bear witness to the centuries of the colonial conquest of which it was the base of expansion. (4hours by bus)		
Day 11 - Sunday DAKAR / TOUR PANORAMIQUE ET MARCHÉ*	Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monumer and will finish with the Soumbédioune craft market.		
Day 11 - Sunday DAKAR / ESCAPADE À SAINT LOUIS (1nuit et 2 jours)*	Saint Louis of Senegal, the sleeping beauty. From the first step on the Faidherbe bridge, we are struck by the incredible charm of Saint Louis, "Venic of the Sahel" magnificently planted on the waters of Senegal. Built on an enchanting site, the old town has preserved an extraordinary architectural heritage, classified as a world heritage site since 2000. The former capital of the AOF is an old lady: 350 years old, administrative and military buildings bear witness to the centuries of the colonial conquest of which it was the base of expansion. Saint Louis has a unique, cosmopolitan and nonchalant atmosphere. A subtle balance between provincial life and the big African city, the languor of the river and the vigor of the ocean, the torpor of the island streets and the invigorating trade winds of the open sea. Saint Louis, city of legend		

* Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.



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Day 11 - Sunday DAKAR / SUNSET AT GORÉE ISLAND (1/2 day)*	Arriving from the furious capital, the island is the most beautiful refuges, a wonderful and moving getaway twenty minutes by boat, from Dakar. As a master painting, Gorée draws its centuries-old houses in ochres, roses and saffrons patinated by time and the ocean. We visit the island foot, 30 hectares of prodigious colonial houses, alleys full of life and shaded with bougainvillea. Gorée is a garden island, timeless, with secret patios and green, with walls streaming with climbing flowers. The island is classified by UNESCO. Fo d'Estrées will welcome you at the end of the visit for a timeless moment. The Signares will be waiting for you for a cocktail at sunset.		
Day 12 - Monday DAKAR /BEST OF DAKAR (1day)*	Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monumer and will finish with the Soumbédioune craft market. After your lunch at the Terrou Bi hotel, you continue towards Dakar station, the grand theater and finish with a visit to the Museum of Negro Arts.		
Day 12 - Monday DAKAR / TOUR PANORAMIQUE ET MARCHÉ*	Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monumen and will finish with the Soumbédioune craft market.		
Day 12 - Monday DAKAR /RESERVE DE BANDIA*	The Bandia private reserve constitutes a small jewel of ecological success through the surprising regeneration of its flora and the reintroduction of large African mammals, sometimes extinct for centuries, due to demographic pressure and poaching. Reduction, from the Tanzanian Ngorongoro or the Kenyan Masai Mara, the Bandia reserve invites you to pleasant photographic safaris. It puts the mythical African fauna within everyone's reach. Indeed, in its 3,500 ha, we surprise with a pang in the heart, the hordes of large antelopes and gaze in a grandiose environment of giant baobabs, thorny bushes and capricious lianas. Bus journey of approximately one hour to reach the Reserve and photographic safari aboard local all-terrain vehicles.		
Day 12 - Monday DAKAR / BIG GAME FISHING*	The waters of Senegal are teeming with fish, the Gulf Stream current brings numerous species of fish popular with sports anglers to the coasts. Book your high-quality fully equipped boat and professional crew, (boat accommodating 4 passengers maximum - 4-hour outing) for a memorable of sports fishing. Encounter blue marlin, sailfish, dolphinfish, barracuda, tuna and trevally in fishing grounds starting in the immediate vicinity. Transf drinks on board included.		
Day 12 - Monday DAKAR / ESCAPADE À SAINT LOUIS (1nuit et 2 jours)*	Saint Louis of Senegal, the sleeping beauty. From the first step on the Faidherbe bridge, we are struck by the incredible charm of Saint Louis, "Venic of the Sahel" magnificently planted on the waters of Senegal. Built on an enchanting site, the old town has preserved an extraordinary architectural heritage, classified as a world heritage site since 2000. The former capital of the AOF is an old lady: 350 years old, administrative and military buildings bear witness to the centuries of the colonial conquest of which it was the base of expansion. Saint Louis has a unique, cosmopolitan and nonchalant atmosphere. A subtle balance between provincial life and the big African city, the languor of the river and the vigor of the ocean, the torpor of the island streets and the invigorating trade winds of the open sea. Saint Louis, city of legend		
Day 12 - Monday DAKAR / GORÉE ISLAND (1/2 day)*	Follow the history of Africa's painful past by visiting Gorée, a small island off Dakar that was the largest slave trade centre on the African coast between the 15th and 19th centuries. Visit the House of Slaves and delve into this terrible past. You will learn about the conditions of detention, sai and transport of slaves during this emotional and memorable visit. Gorée is therefore listed as a UNESCO World Heritage Site for the exceptional witness it bears to the slave trade.		
Day 13 - Tuesday DAKAR / TOUR PANORAMIQUE ET MARCHÉ*	Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its larg cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monum and will finish with the Soumbédioune craft market.		
Day 13 - Tuesday DAKAR / DAY PASS TERROU BI (1 day)*	Spend the last day of your holiday in relaxing at the Dakar Terrou Bi Hotel, a haven of peace, greenery and luxury ! Your package includes the loan of a towel, access to the beach with a lounger and parasol, access to the swimming pool, cloakrooms, and lunch included (including 1 drink). Direct transfer to the airport for evening flights.		

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Formalities

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HEALTH FORMALITIES

Recommended vaccinations: diphtheria, polio, tetanus, hepatitis A and B and typhoid. Some parasitic or viral diseases may be carried by mosquitoes during certain stopovers. Vaccination against yellow fever is essential, even if there is no administrative obligation to do so (at an approved center). Malaria risk: prophylactic treatment is recommended, and a doctor must be consulted for prescriptions. The use of skin and clothing repellents is recommended. Pregnant women, who do not require constant medical attention, may come on board on presentation of a medical certificate stating their due date and certifying that their pregnancy is compatible with the cruise. The cruise must end before the end of the 26th week of pregnancy. Nurse and doctor on board.



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