

Transatlantic Cultural Cruise Atlantic / Dakar to Cayenne

From 11/19/2025 to 12/03/2025 - 15 days / 14 nights







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Your cruise

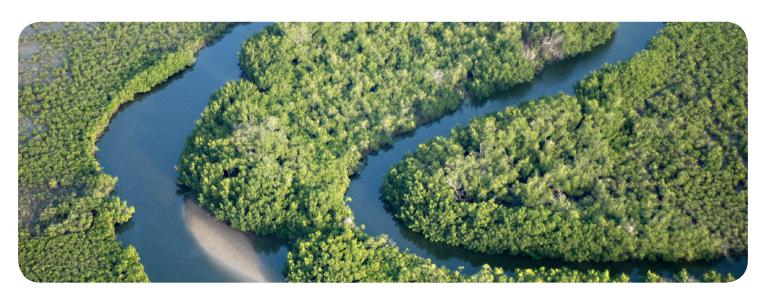
Days	Stages	Arrival	Departure	Nautical Hall
1 - Wednesday	Dakar			Closed
2 - Thursday	Dakar		18:00	Closed
3 - Friday	Banjul	06:00	18:00	Closed
4 - Saturday	Sailing on the open sea			Closed
5 - Sunday	Praia	08:00	18:00	Closed
6 - Monday	Sailing on the open sea			Closed
7 - Tuesday	Sailing on the open sea			Closed
8 - Wednesday	Sailing on the open sea			Closed
9 - Thursday	Sailing on the open sea			Closed
10 - Friday	Sailing on the open sea			Closed
11 - Saturday	Sailing on the open sea			Closed
12 - Sunday	Sailing on the open sea			Closed
13 - Monday	Sailing on the open sea			Closed
14 - Tuesday	Salvation's Islands	06:00	18:00	Closed
15 - Wednesday	Cayenne	06:00		Closed

Day 1: Boarding from 16h to 22h Day 15: Landing from 9h to 11h





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Itinerary of your cruise

Day 1 - Wednesday DAKAR	The most westerly point on the African continent, Dakar is now a dynamic city with a wide range of neighbourhoods, modern architecture, authentic open-air markets and a rich natural environment. Boats docked in the industrial port zone of the city's autonomous port, no water sports, closed nautical hall. Stopover for embarkation and disembarkation.		
Day 2 - Thursday DAKAR	Capital of Senegal and cultural and artistic centre of the country, this former colonial trading post offers the unique experience of a bewitching city where you should take a stroll through its traditional district, its sandy alleys teeming with people and its colourful markets. Boat docked, no water sports.		
Day 3 - Friday BANJUL	The capital of the smallest country in West Africa is nestled on Sainte-Marie Island, located at the mouth of the Gambia River. Its colonial buildings, its national museum dedicated to the culture and history of the country and its colourful fabric market exudes a village atmosphere. Boat docked, dive locker closed, stopover without beach.		
Day 4 - Saturday SAILING ON THE OPEN SEA	A restorative day at sea. Choose from the range of inviting possibilities on our remarkable sailing ship. Lounge on chaise longues, cool off in one of our two swimming pools, work out with a sea view in our Espace Fitness, find instant calm at the spa and enjoy the attentive company of our G.0® team and crew members.		
Day 5 - Sunday PRAIA	With an African origin and European soul, the capital of the Cape Verde archipelago, located on the island of Santiago, is divided into small neighbourhoods that are pleasant to walk around. The charming alleys lead to the Plateau (colonial city centre) which includes Albuquerque Square, the Old Town Hall and the Presidential Palace. Ship docked, no water sports.		
Day 6 - Monday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 7 - Tuesday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 8 - Wednesday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 9 - Thursday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 10 - Friday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 11 - Saturday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 12 - Sunday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 13 - Monday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.		
Day 14 - Tuesday SALVATION'S ISLANDS	Nature is reasserting itself and covering the traces of the archipelago's notorious past as a brutal penal colony, with lush tropical vegetation. Now timeless and redeemed, the three little islands studded with coconut palms have a more heavenly feel. Boat at anchor, dive locker closed, no direct access to the beach.		
Day 15 - Wednesday CAYENNE	Around the palmists place, a favourite place for strolling, the remains of the island's colonial past are what makes Cayenne (capital of French Guiana) so charming. The market is bursting with colourful produce, reflecting the colours of the Creole houses. Boat docked in the industrial port area, 14 km from the centre of Cayenne, no water sports. Boarding and disembarkation port of call.		





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Excursions of your cruise

Day 2 - Thursday DAKAR/BEST OF DAKAR (1dav)

Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monument and will finish with the Soumbédioune craft market. After your lunch at the Terrou Bi hotel, you continue towards Dakar station, the grand theater and finish with a visit to the Museum of Negro Arts.

Day 2 - Thursday DAKAR/TOUR PANORAMIQUE ET MARCHÉ*

Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monument and will finish with the Soumbédioune craft market. .

Day 2 - Thursday DAKAR/RESERVE DE BANDIA*

The Bandia private reserve constitutes a small jewel of ecological success through the surprising regeneration of its flora and the reintroduction of large African mammals, sometimes extinct for centuries, due to demographic pressure and poaching.

Reduction, from the Tanzanian Ngorongoro or the Kenyan Masai Mara, the Bandia reserve invites you to pleasant photographic safaris. It puts the

mythical African fauna within everyone's reach. Indeed, in its 3,500 ha, we surprise with a pang in the heart, the hordes of large antelopes and gazelles in a grandiose environment of giant baobabs, thorny bushes and capricious lianas. Bus journey of approximately one hour to reach the Reserve and photographic safari aboard local all-terrain vehicles.

Day 2 - Thursday DAKAR / GORÉE ISLAND (1/2 day)*

Follow the history of Africa's painful past by visiting Gorée, a small island off Dakar that was the largest slave trade centre on the African coast between the 15th and 19th centuries. Visit the House of Slaves and delve into this terrible past. You will learn about the conditions of detention, sale and transport of slaves during this emotional and memorable visit. Gorée is therefore listed as a UNESCO World Heritage Site for the exceptional witness it bears to the slave trade.

Day 3 - Friday BANJUL/BANJUL HIGHLIGHTS*

After a historical overview of The Gambia at the Banjul National Museum, you will visit the Albert Market to appreciate all the scents and colours that Africa has to offer. You'll also head to Serrakunda, a craft centre where you can observe the technique of batik or have the chance to buy souvenirs, woodcarvings or jewellery before finishing your visit at Katchikally Crocodile Farm.

Day 3 - Friday BANJUL/LANDSCAPES AND RELAXATION ON THE GAMBIA RIVER(1 day)*

Enjoy this relaxing day aboard a boat on the tributaries of the Gambia River.

As you drift along the sheltered meanders, you'll be able to discover the life of the villagers and their livelihood involving fishing and collecting Bolong oysters. You can admire the lush scenery of green mangrove and the many birds that nest there. You'll end the day with a delicious picnic after a refreshing swim in the Gambia River.

This Outing is on a local boat with two decks: a sun deck and a shaded lower cabin without air conditioning, equipped with a toilet.

Day 3 - Friday BANJUL/NATURE DAY IN THE MAKASUTU FOREST (1 day)*

Explore the Makasutu Reserve, located on a quiet tributary of the Gambia River, and discover its countless ecosystems made up of mangroves,

See the sights the park and keep an eye out for green monkeys, bay colobus monkeys and guinea baboons. Spot the many birds such as Goliath herons, rollers or eagles and explore the mangroves by canoe. Local lunch will be offered to you within the private reserve, and free time will allow you to refresh yourself in the lodge's swimming pool.

Travel by bus for a historical tour of Cidade Velha, a UNESCO World Heritage site. Day 5 - Sunday PRAIA/CIDADE VELHA

20 minutes from the current capital, it was the first city built by the Portuguese in Africa. You can marvel at the historical remains and the preserved architecture, typical of the 18th century, including the old cathedral and the slave market, with its pillory. You will also visit the São Filipe Fort, protecting the city from pirate attacks and attend an exclusive "batucadeiras" show!

Day 5 - Sunday PRAIA / ENCHANTING LANDSCAPES OF SANTIAGO (1 day)*

(1/2 day)3

Enjoy an unforgettable trip to the north of the island to discover the unique landscapes of Santiago Island. You will pass, among other things, the Pic d'Antónia, the highest point on the island, and visit the traditional Assomada market, before heading to the Serra Malagueta Natural Park and its eucalyptus and acacia forest. You will finally visit Tarrafal and its incredible bay surrounded by palm trees, considered one of the most beautiful beaches in the country. Lunch by the sea and free time to dive into the turquoise water before returning to Praia.

Day 14 - Tuesday ILES DU SALUT DÉCOUVERTE DE L'ILE ROYALE (2 hours)*

During his visit in 1932 Albert Londres reflected "here we have put hell in paradise". Hell is no more than a memory and while the remains are there to remind you, nature has taken back its rights to make this place a feast for the eyes and a place of relaxation and rest. You will visit the remains of the penal colony on foot accompanied by your guide, and may also come across various animals.

Day 15 - Wednesday CAYENNE / BOTANICAL GARDEN*

Immerse yourself in a unique experience at the Jardin Botanique de Guyane, nicknamed the "House of Vanilla". Explore this 3-hectare exotic paradise of orchids, fruit trees and heliconias. Be enchanted by the scent of rainforest flowers and aromatics, and connect with Amazonian flora. Relax on this 2-hour tour and, for total immersion in the magic of the Amazon, sample artisanal products made with locally-grown vanilla. Garden open Wednesday to Saturday. 1/2h by bus. French Guide.

Day 15 - Wednesday

The Cayenne market is a real melting pot cultural in Guyana, where different ethnic groups meet. Departure at 8:30 a.m. from Dégrad des Cannes by bus, stop at Franconia Museum for a guided tour, then exploration of the market. Free cane juice tasting, followed by a local soup and fresh juice premises in an air-conditioned restaurant opposite the market.

CAYENNE / MUSÉUM & MARKET*

Return to the port of Dégrad des Cannes at 12 p.m. by bus afterwards this enriching experience. French Guide.

Day 15 - Wednesday CAYENNE / GABRIEL'S COVE IN PYROGUE*

Take a pirogue up the Mahury River to Gabriel Creek, an area of dense vegetation (orchids, bromeliads, palms) that sometimes forms a veritable tunnel in the heart of the Amazon. This is an opportunity to discover more about the river used by the Amerindians, and the creek once used by slaves. In this historic immersion in the Amazonian environment, you may be surprised by the legendary Morphos butterflies with their phosphorescent blue wings, as well as other specimens of the local fauna.

^{*} Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.





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Day 15 - Wednesday CAYENNE / ILES DU SALUT & KOUROU SPACE CENTER (1/2 day)*

Board a bus from the port of Dégrad des Cannes for a day to remember! Take a boat trip to the Îles du Salut and discover this historic heritage with your English-speaking guide, who will show you the many remnants of the penal colony. On the way back, enjoy a tasty Creole picnic aboard your catamaran and immerse yourself in the space atmosphere at the Guiana Space Center in Kourou. Pre-registration required to obtain passes 72 hours in advance (please state date and place of birth when registering). This excursion includes a 2-hour round-trip by bus and a 2-hour catamaran trip.

Modification to the December 3 excursion
Please note that the December 3 excursion will be modified due to the closure of the Guiana Space Center in the afternoon, making it impossible to visit the facilities. Your lunch will be served on board your catamaran, after the visit to the lles du Salut. We'll make sure to be at the Space Center at 4pm to watch the launch of the Vega C rocket, scheduled for 6:20pm.
The return trip aboard the CM2 is scheduled for around 8.30pm, depending on traffic conditions. We thank you for your understanding and look forward

to sharing this memorable day with you!

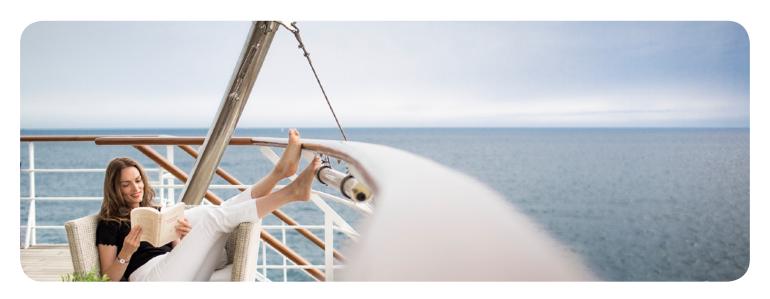
*Launches are not guaranteed and may be postponed until the last minute if all conditions are not met (technical, weather...).

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Formalities

HEALTH FORMALITIES

Recommended vaccinations: diphtheria, polio, tetanus, hepatitis A and B and typhoid. Some parasitic or viral diseases may be carried by mosquitoes during certain stopovers. Vaccination against yellow fever is essential, even if there is no administrative obligation to do so (at an approved center). Malaria risk: prophylactic treatment is recommended, and a doctor must be consulted for prescriptions. The use of skin and clothing repellents is recommended. Pregnant women, who do not require constant medical attention, may come on board on presentation of a medical certificate stating their due date and certifying that their pregnancy is compatible with the cruise. The cruise must end before the end of the 26th week of pregnancy. Nurse and doctor on board.

Meeting place for boarding

Port Autonome de Dakar : 21, Bd de la Libération 3195 Dakar/Sénégal





