

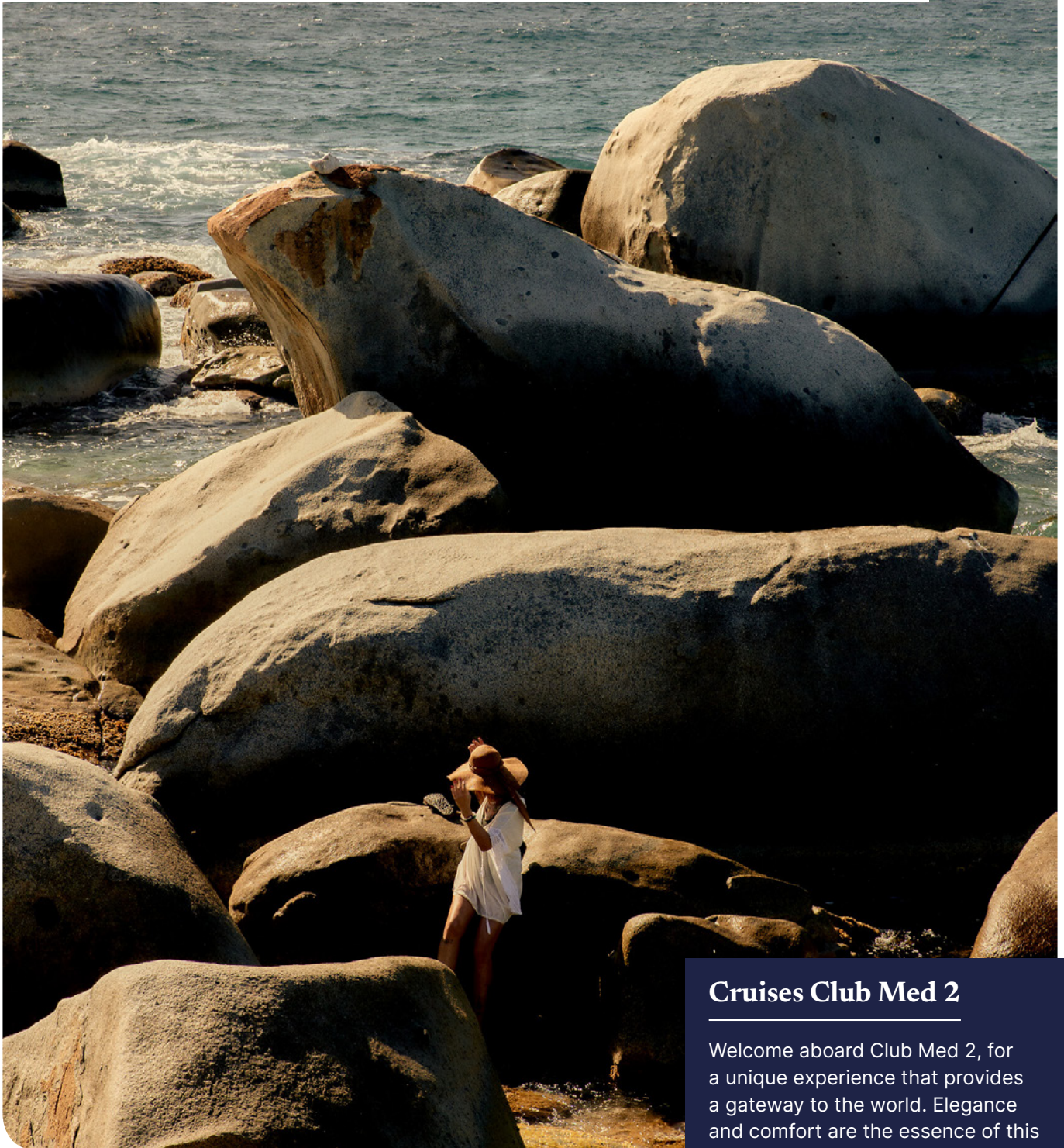


Creole sweetness

Yoga Cruise

Caribbean & North America / **La Romana to Fort-de-France**

From 02/02/2026 to 02/09/2026 - 8 days / 7 nights



Cruises Club Med 2

Welcome aboard Club Med 2, for a unique experience that provides a gateway to the world. Elegance and comfort are the essence of this magnificent 5-masted sailing ship



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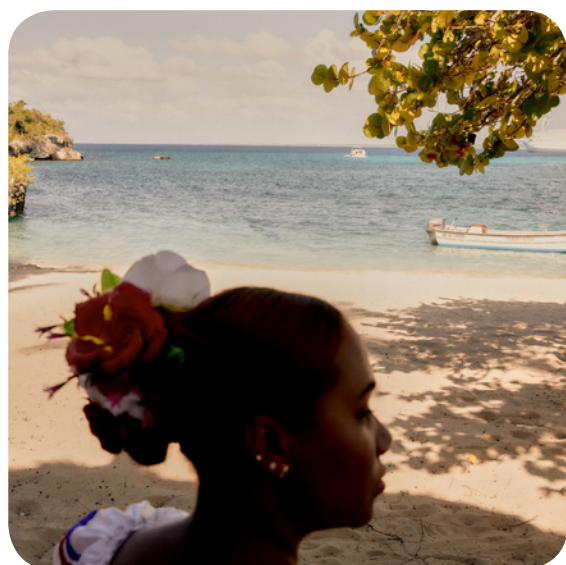
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Your cruise

Days	Stages	Arrival	Departure	Nautical Hall
1 - Monday	La Romana		23:00	Closed
2 - Tuesday	Sailing on the open sea			Closed
3 - Wednesday	Prickly Pear / Virgin Gorda	07:00	17:00	Open*
4 - Thursday	Anguilla	08:00	17:00	Open*
5 - Friday	Nevis	08:00	17:00	Open*
6 - Saturday	Antigua	08:00	17:00	Open*
7 - Sunday	Deshaies	08:00	17:00	Without waterskiing
8 - Monday	Fort-de-France	07:00		Closed

Day 1: Boarding from 16h to 20h
Day 8: Landing from 9h to 11h





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Itinerary of your cruise

Day 1 - Monday LA ROMANA	A little port, built in 1851 to ease maritime traffic, the town was only officially founded in 1897. The city itself only began to grow 20 years later, when Italian immigrants built a large mill to grind the sugar cane. Ship docked, no water sports. Boarding and disembarkation port of call.
Day 2 - Tuesday SAILING ON THE OPEN SEA	A restorative day at sea. Choose from the range of inviting possibilities on our remarkable sailing ship. Lounge on chaise longues, cool off in one of our two swimming pools, work out with a sea view in our Espace Fitness, find instant calm at the spa and enjoy the attentive company of our G.O® team and crew members.
Day 3 - Wednesday PRICKLY PEAR / VIRGIN GORDA	Privatization of a beach on Prickly Pear Island for the Caribbean Beach Club day. Guests who have booked the "Virgin Gorda Panoramas" excursion will discover an amazing geological curiosity: large granite boulders softened by erosion, creating natural emerald pools lined with white sand. Boats at anchor, beach and water sports.
Day 4 - Thursday ANGUILLA	A long strip of amazingly white sand delicately posed on turquoise water. This miniature island attracts the VIPs of this world, who love its intimacy and discretion. Ship at anchor, water sports available, beach.
Day 5 - Friday NEVIS	This tiny volcanic island, sister island to St Kitts, where the traditional sport of cricket remains a national game, is a fascinating world of hot water springs, archeological sites and forests inhabited by green monkeys. AShip at anchor, water sports available, beach.
Day 6 - Saturday ANTIGUA	The jagged coast of this former British colony is studded with magnificent beaches. Its typical port, with lively pubs and inns, gives it reams of historic charm. At anchor.
Day 7 - Sunday DESHAIES	On the most lush side of the Ile Papillon, Deshaies is a perfect example of the simple charms of Creole life. Time stands still in these tranquil fishing villages surrounded by gentle green hills. At anchor. Beach and water sports.
Day 8 - Monday FORT-DE-FRANCE	The largest of the French West Indian towns blends cosmopolitan style and local colour, with its urban lifestyle, colourful markets, metal architecture and charming old houses. Stopover for boarding and disembarking. Ship docked in port.



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Excursions of your cruise

Day 3 - Wednesday VIRGIN GORDA / PANORAMA (1/2 day)*

Board an open-top local bus and follow the scenic ridge road, offering breathtaking panoramic views of the Virgin Islands. At the end of the route, a geological wonder awaits — the famous Baths, with their stunning granite boulders forming natural pools, perfect for relaxation and exploration. Please note: only guests who have booked this excursion will have the opportunity to visit Virgin Gorda and The Baths. The tour includes a panoramic drive in an open bus, a accompanied walk through The Baths, and a complimentary local drink at Top of the Baths restaurant. ▲ Swimming is not permitted in case of a red flag.

Day 4 - Thursday ANGUILLA / DÉJEUNER LANGOUSTE À SANDY ISLAND*

Take a short 10-minute boat ride to the stunning Sandy Island, a true tropical paradise. Swim in crystal-clear turquoise waters, explore vibrant reefs, or relax on soft white sand. Enjoy premium food and drinks with effortless luxury. After a blissful day, ferry back to the mainland and rejoin your ship.

Day 5 - Friday NEVIS / ISLAND HIGHLIGHTS AND BOTANICAL GARDEN*

Enjoy a scenic drive through Charlestown, Nevis, and glimpse the island's charming Caribbean lifestyle and architecture. Visit the birthplace of Alexander Hamilton, the first U.S. Treasurer, and explore the island's oldest Anglican church, built in 1643 with stunning views of St. Kitts. Journey through quaint villages to the lush Botanical Gardens, featuring tropical plants from around the world, including orchids, cacti, bamboo, and water lily pools. Step into the spectacular glass conservatory, home to a rainforest, Mayan temple, waterfalls, and streams. Browse the unique gift shop for botanical-themed treasures and enjoy a complimentary tropical fruit punch. Discover the beauty, history, and serenity that make Nevis truly unforgettable.

Day 5 - Friday NEVIS / HIKING*

Embark on a moderate hike along the slopes of Nevis's dormant volcano, rising 3,232 feet above sea level. Wander through lush tropical rainforest surrounding the historic Mountravers Estate, a former 18th-century sugar plantation turned boutique hotel. Learn about the estate's fascinating history while spotting wild green monkeys, listening to tree frogs, and feeling the bamboo palms sway in the breeze. Enjoy breathtaking views of Nevis's west coast and neighboring islands, perfect for stunning photos. Your journey ends at picturesque Pinneys Beach, where you can relax on a sun-lounger under an umbrella. Refresh with two complimentary drinks and soak up the gentle Caribbean breeze or take a dip in the crystal-clear sea.

Day 6 - Saturday ANTIGUA - BALADE DÉCOUVERTE EN 4*4*

The discovery of the island off the beaten track is done in all-terrain vehicles. You will leave the English countryside in the tropics with its authentically charming hamlets and its remains of old refineries attesting to the intense sugar activity before crossing the luxuriant tropical forest. You will not miss the swimming break on the magnificent Caribbean coast.

Day 6 - Saturday ANTIGUA - EMERALD CRUISE*

Set sail on a stylish catamaran and cruise along the island's picturesque coastline to discover one of its stunning beaches. Enjoy some free time to swim in the crystal-clear waters or unwind on the soft white sand. Then, hop back on board for a scenic ride to another idyllic beach on the island's western shore, where you'll anchor for more swimming and sunbathing. A delicious lobster lunch will be served, perfectly paired with a glass of sparkling wine. To top it all off, an open bar awaits on the return journey—everything you need for a perfect, carefree day at sea.

Day 7 - Sunday DESHAIES - BOTANIC GARDEN*

Don't miss the incredible Botanic Garden, based at the former home of the comedian Coluche. You can see a dazzling array of tropical flowers and plants, a breathtaking waterfall and cute little birds from the parrot family. Then we'll round off the trip with an aperitif.

Day 7 - Sunday DESHAIES - SNORKELING ADVENTURE IN THE COUSTEAU RESERVE*

Embark on an unforgettable journey through the legendary Cousteau Reserve, guided by a certified instructor. Step aboard a friendly, small-group boat and explore three breathtaking sites: the Japanese Garden, the Coral Garden, and the Turtle Garden. Encounter colorful tropical fish, vibrant coral reefs, and graceful sea turtles in their natural habitat. All equipment is provided, and the tour is suitable for all levels, including beginners. End your adventure with a refreshing local juice or a traditional planteur punch — the perfect tropical touch to your Guadeloupe experience. Participants must feel comfortable in the water and be able to swim short distances if they choose to enter it.

Day 8 - Monday FORT DE FRANCE / HABITATION CLÉMENT (1/2 journée)*

Discover Habitation Clément, an exceptional rum distillery in many ways. It includes a colonial mansion that welcomed presidents Mitterrand and Bush after the Gulf War, botanical gardens, as well as a distillery that produces the most famous rums in the French Antilles. Your tour will end with a tasting of old rum. For reasons of airport security, all purchases of bottles of rum made at the plantation must be packed in a suitcase destined for the baggage hold before checking in for your flight.

Day 8 - Monday FORT DE FRANCE / CLUB MED BOUCANIERS (1journée)*

Relax in your Club Med Les Boucaniers village before heading to the airport for your return home. Established in this idyllic setting since 1969, the Village exudes the Creole spirit. Imagine succumbing to the charm of one of the most beautiful beaches in Martinique facing the Diamond Rock... strolling in the tropical garden or in the coconut grove... Water sports are reserved for hotel guests. Flight AF 8.45pm.

Day 8 - Monday MARTINIQUE - DÉCOUVERTE EN 4X4 (1/2 day)*

Explore the most beautiful scenery in the whole of "Flower Island". Your driver will take you on a stunning route, featuring rainforest, rivers and plantations. Your trip will end with a visit to a distillery.

* Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.



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Formalities

HEALTH FORMALITIES

Recommended vaccinations: diphtheria, polio, tetanus, hepatitis A and B and typhoid. Some parasitic or viral diseases can be carried by mosquitoes during certain stopovers. The use of skin and clothing repellents is therefore recommended. Pregnant women who do not need constant medical supervision may come aboard, upon presentation of a medical certificate showing their due date and certifying that their pregnancy is compatible with the cruise. The final day of the cruise must be before the end of the 26th week of pregnancy. A doctor and a nurse are present on board.

Meeting place for boarding

Port of La Romana (Dominican Republic) - Cruise Terminal: Cruise Port Terminal East or Cruise Port "La Romana West". Punta Cana / La Romana airport transfer: 80 km approx. Transfer airport Santo Domingo / Port of La Romana: 100 km about 1h15.

